

GURRINY news

HEALTHY
PEOPLE
HEALTHY
COMMUNITY

ISSUE 16: December 2015

Above average results for Gurriny team

Gurriny Women's Health Team and Breastscreen Queensland had a fantastic turnout for this year's screen mammograms, Gurriny's head of Clinical Services Amanda Hand reports...

The teams offered women's health checks over two weeks. We achieved above national average attendance and look forward to providing this service again in the future.

Rowena, who is the coordinator of Breastscreen for our region, said: "it is worth noting that what we are doing is working!"

"I looked at the stats and correct me if I'm wrong but these stated that the eligible population for screening is 170 ladies and we had 137 ladies come through which is over 80% and our goal nationally is 70% of the population," she said.

"This is really a wonderful result for the health team to be extremely proud of!!!"

MEANWHILE Edmonton Pharmacy has worked with Gurriny to provide a space for a Pharmacy on Workshop Street.

The Pharmacy is located in the Gurriny Building and will operate during the week from 9am to 4pm.

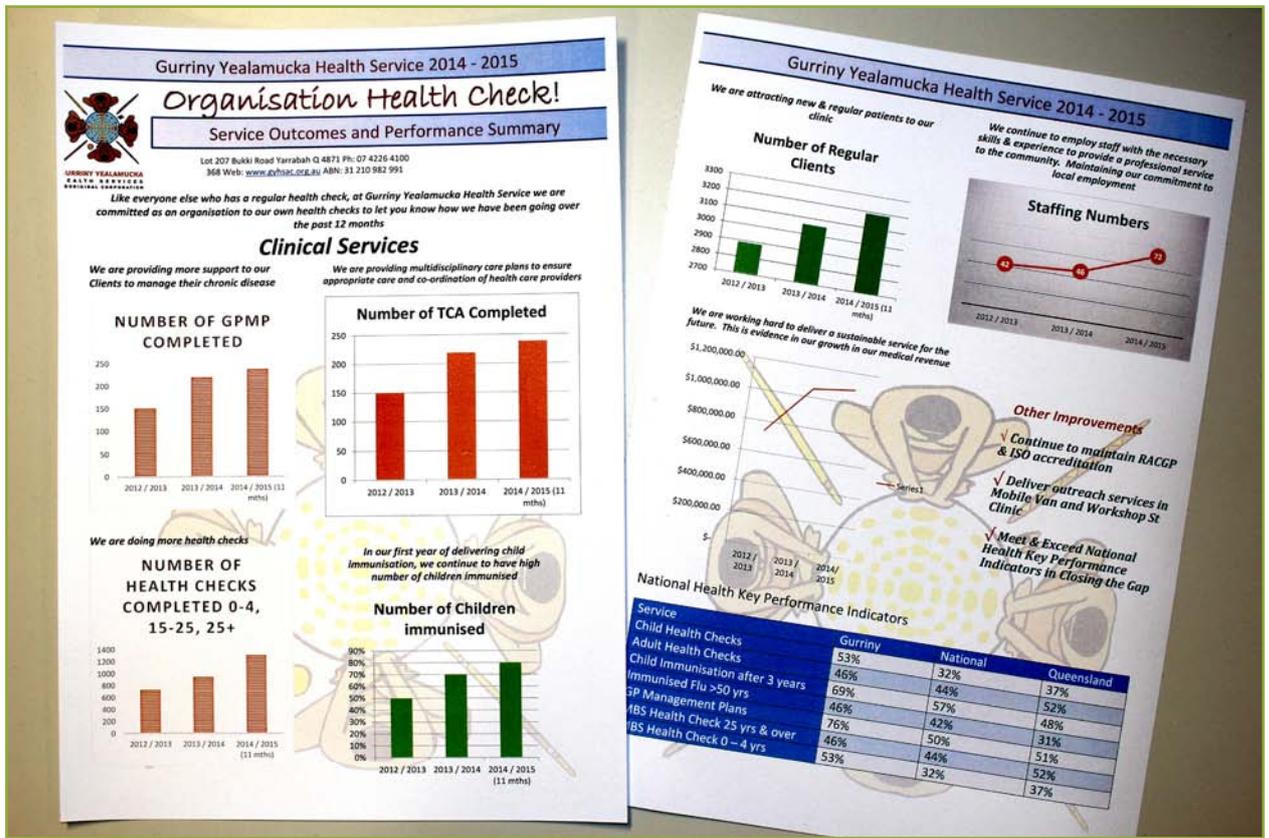
We are excited to have access to common prescription items during those hours which will reduce the wait for important medications.

Gurriny will provide transport from the clinic to the pharmacy to help support access.

We encourage our clients on webster packs to collect them from our Bukki Road clinic.



INSIDE... AGM report, 'Whispering Hope - a Christmas message' & more!



In early November Gurriny held their Annual General Meeting (AGM).

The Chair and CEO reported to our members on the operations of Gurriny over the past 12 months.

Once again Gurriny had an outstanding audit report and continues to go from strength to strength, keeping the organisation financially sustainable as well as delivering a health service that meets the needs of our people in Yarrabah.

The CEO also presented Gurriny's annual report card (above) on how the organisation has been performing against the national health key performance indicators, as with everyone who has a health check we too here at Gurriny are committed to our own organisational health check.

Elections were held and the following people were elected – or re-elected – to the Board:

- Sandra Houghton
- Linda Sexton
- Elverina Johnson
- Lucy Rodgers
- Mahaila Mathieson
- Sharmaine Stafford

Gurriny will continue to have independent skills based Board members who for this next year will be Robin Giason, Thomas Cameron & David Williams.





Whispering Hope - a Christmas message -

The Anglican Church brought Christianity to Yarrabah, Gurriny chair Sandra Houghton writes...

The first evangelist was from the local Kunghanghi tribe who spread the Word of God to their own people as well as to the neighbouring tribal groups.

Through this we have been brought up to know of Jesus who was born some 2000 years ago.

He was not born in a palace but in a stable with the smell of animals around him.

His cradle was a manger (an animal food trough).

So you can see that Jesus had a very humble life – just like us.

When Jesus grew up he told

people, “I have come in order that you might have life, life in all its fullness”.

According to all known data on Health, Aboriginal & Torres Strait Islander peoples have an appalling record and our staff at Gurriny Yealamucka are doing their best to give a better quality of life to us here in Yarrabah.

Our National KPIs (Key Performance Indicators) show vast improvement since Gurriny have taken on the role as community-controlled health service.

Don't you think that in its own way Gurriny is following in the Master's footsteps?

Ecclesiastics 3v4 says: “there's a time to weep and a time to laugh; a time to mourn and a time to dance”.

Think about the reason for this season.

Have a great time, live and laugh with your family and friends, have fond memories of those who are not with us, share your meals with one another and look after your neighbours.

Check the Christmas/New Year opening times in this newsletter and don't neglect your health.

Several small snacks a day, rather than two large meals.

Be healthy, be wise.

The Board & Staff at Gurriny Yealamucka Aboriginal Health Service wish you all a joyous occasion over this Christmas/New Year break and may God's blessings bring peace and contentment to you all.



Clinic hours over Christmas are as follows:

20th-23rd December 2015

– normal hours

24th December (Christmas Eve)

clinic closes at 12.30pm – half day

25th-28th December (including

Christmas Day) – closed

29th-30th December

– normal business hours

31st December

(New Year's Eve) – clinic closes at

12.30pm – half day

1st January 2016

(New Year's Day) – closed



Spotted at the recent national HIV week launch from Wuchopperen Medical Services in Cairns last month were Cairns Sexual Health Service, Health Worker Coordinator Morgan Dempsey, with Katrina Connolly, Queensland Health's Katrina Stafford & Milton Mossman

Have you seen our website?

<http://www.gyhsac.org.au>

This issue of Gurriny News was written, photographed (except where otherwise stated), edited and produced by Christine Howes (www.chowes.com.au) For more information about the font 'Dyslexie' see www.studiostudio.nl